

Northern Jersey Plastic Surgery Center, LLC
Troy Callahan, MD
140 Prospect Avenue, Suite 17
Hackensack, NJ 07601
(201) 225-1811

Postoperative Instructions Following Blepharoplasty (Eyelid Lift)

You will be bruised and swollen following surgery. The swelling will be greatest for 24 - 48 hours after surgery. You may have some oozing of blood or serum from your incisions for several days postoperatively. Your pain may be considerable for the first few days after surgery. You can expect the swelling to diminish after the first 3 to 5 days. The bruising may persist for 10 days or longer.

1. Take all medications as directed. Do not drink alcohol or smoke while recovering from surgery. Do not drive while taking pain medications. Do not take Aspirin, Advil, Motrin, Ibuprofen, Naprosyn or other non-steroidal anti-inflammatory medications unless your Doctor instructs you to do so.
2. Do not remove any dressings until you are instructed to do so.
3. Drink plenty of fluids (8 glasses of water per day) while recovering.
4. You may shower 48 hours after surgery.
5. Call your doctor if you have any increasing pain, swelling, visual problems, fever, chills, vomiting or other concerns.
6. Please call the office if you have any questions or problems.